

# St. Bernard Confirmation

## Preparation:

A Guide to Live Out the Sacrament of Confirmation and  
a New Life in the Holy Spirit: Contains Summer tasks

## STUDENT GUIDE



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# Practical Ways to Live Out your Confirmation

## With Family and Friends:

- Show the love you have for God in word and action. If you have difficult relationships, pray for guidance on how to handle things and trust the Holy Spirit to show you what to say and/or do.
- Forgive someone who has wronged you. Ask for forgiveness from someone you have wronged. Try to keep doors open in these important relationships.
- Be open to share your personal faith story of how God has worked in your life when the opportunity arises. Ask the Holy Spirit to bring you circumstances where “the time is right” to tell your story. If you feel shy or uncomfortable, practice what you might say.
- Invite others to join you for Mass, a parish activity, or attending prayer group without indicating a sense of judging where they are spiritually.
- “Preach the gospel at all times – if necessary, use words.” Be an example on how a believer in Jesus Christ acts and speaks. Actually live out your faith. Don’t be afraid to say “no” to the things of this world

## At Mass:

- Be friendly and move to the center of the church pew because that is an occasion for others to join you and offers an opening to meet those you do not know.
- Smile and share the love of God in you with others especially during the Sign of Peace.
- Pray for opportunities to share your story of faith with others.

## In the Parish:

- Serve your parish as an usher, a Eucharistic minister, lector, choir member, whatever area you sense God is leading you in.
- Invite someone to attend youth group events and go with them.  
(you can stay updated on youth group events by joining our Facebook Group: St. Bernard Youth Ministry)
- Become a catechist or small group leader to have the opportunity to share your faith.

## In the Diocese:

- Attend annual youth conferences, summer trips, and Steubenville conference.

# ADDITIONAL REQUIREMENTS: Letter to Bishop

**Due: September 1st**

## **Letter to Bishop Morneau stating your intention to receive Confirmation**

Bishop Robert Morneau requires a letter of intention from every Confirmation candidate prior to the student receiving the Sacrament. This is a way for Bishop to have an idea as to whether or not each candidate is prepared, ready, and responsible to receive the Sacrament of Confirmation. *Remember:* Receiving Confirmation is not a “graduation” but it is just the beginning to your adult life in the Catholic faith.

Please take this letter seriously. I will be reviewing them before sending them out and Bishop Morneau will read every letter he receives. This letter is a reflection on how open you are to receive this Sacrament, so please be honest, open, and respectful, but most importantly, please share your thoughts with Bishop at this time. It’s an opportunity for him to see the state of faith the youth is in in our Diocese.

### **Requirements:**

1. Please follow the rubric below. All letters must be typed with 12 point Arial or Times New Roman font.
2. The body of the letter (not including the conclusion) must be AT LEAST 3 paragraphs. Each paragraph must be AT LEAST 4 sentences.
  - a. The next page lists some ideas on what to cover in your letter
3. The letter can be either typed or hand-written but it is preferred that you type it. However, final letters are to be physically handed in to Callie. **DO NOT MAIL IN YOUR LETTERS! Your letter should be printed out, signed by you, and then dropped off at Parish Office by SEPTEMBER 1.**

### **WHAT TO PUT IN THE BODY OF THE LETTER**

This is your opportunity to let the Bishop know who you are.

- **State your request for Confirmation.**
- **Introduce yourself: state your name, school, age, hobbies, family and interests**
- How do you feel about your decision to be Confirmed? Why do you want to be Confirmed?
- How have you grown in your understanding of this Sacrament since the start of your classes?
- List one way the Holy Spirit has moved in your life since you started this process. (This can include any trips you’ve gone on: including the March for Life, Steubenville, SHINE)
- How is your prayer life? What do you do every day to connect to God?
- Who is your sponsor? Why did you choose him/her? How has this person helped you in your journey?
- What service projects have you completed?
- Things of impact (importance) to you in your preparation
  - Who is your patron saint?
  - Have you explored any scripture verses that have helped you in this preparation?
  - How have your parents helped you on this journey?
- **How do you plan to live and grow in your faith in the years to come?**
  - Particularly at **home, school,** and in our **Church**
- What are your plans for next year?
- You can end your letter by thanking Bishop Morneau for reading your letter and giving you the opportunity to receive the Sacrament.

# Letter to Bishop: Format

Current Date

Your Name

Address

City, State, & Zip Code

Most Reverend Robert Morneau

P.O. Box 23825

Green Bay, WI 54305-3825

Dear Bishop Morneau:

(Body of Letter—must be at least 3 paragraphs with at least 4 sentences a paragraph. This does not include the conclusion of the letter. That can be 2-3 sentences used to thank the Bishop.)

Sincerely,

(Your Signature) After you print out your letter, please sign it.


(Your First and Last Name) This can be typed

# To be memorized – will be asked at Interview

## Bishop Ricken Request for Confirmation Students



Bishop Ricken may ask the students to recite the following prayers/teachings on their Confirmation day. Please memorize.

<p><b>Fruits of the Holy Spirit</b></p> <p>Charity Joy Peace Patience Goodness Kindness Long Suffering Humility Faithfulness Modesty Contineny Chastity</p> 	<p><b>Gifts of the Holy Spirit</b></p> <p>Wisdom Knowledge Understanding Counsel Fortitude Piety Fear of the Lord</p>	<p><b>Four Marks of the Catholic Church</b></p> <p>One Holy Catholic Apostolic</p>	<p><b>Ten Commandments</b></p> <ol style="list-style-type: none"> <li>1. I am the LORD your God; you shall not have strange Gods before me.</li> <li>2. You shall not take the name of the LORD, your God, in vain.</li> <li>3. Remember to keep the LORD's day.</li> <li>4. Honor your father and your mother.</li> <li>5. You shall not kill.</li> <li>6. You shall not commit adultery</li> <li>7. You shall not steal.</li> <li>8. You shall not bear false witness against your neighbor.</li> <li>9. You shall not covet your neighbor's wife.</li> <li>10. You shall not covet your neighbor's goods.</li> </ol>																
	<p><b>Theological Virtues</b></p> <p>Faith Hope Love</p>	<p><b>Cardinal Virtues</b></p> <p>Prudence Justice Fortitude Temperance</p>	<p><b>Two Great Commandments</b></p> <p>*You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. *You shall love your neighbor as yourself.</p>																
<p><b>Corporal Works of Mercy</b></p> <p>*Feed the hungry. *Give drink to the thirsty. *Shelter the homeless. *Clothe the naked. *Care for the sick. *Help the imprisoned. *Bury the dead.</p>	<p><b>Spiritual Works of Mercy</b></p> <p>*Share knowledge. *Give advice to those who need it. *Comfort those who suffer. *Be patient with others. *Forgive those who hurt you. *Give correction to those who need it. * Pray for the living and the dead.</p>	<table border="0"> <tr> <td><b>Capital Sins:</b></td> <td><b>Virtues:</b></td> </tr> <tr> <td>Pride</td> <td>Humility</td> </tr> <tr> <td>Avarice (Greed)</td> <td>Generosity</td> </tr> <tr> <td>Envy</td> <td>Charity</td> </tr> <tr> <td>Wrath (Anger)</td> <td>Meekness</td> </tr> <tr> <td>Lust</td> <td>Chastity</td> </tr> <tr> <td>Gluttony</td> <td>Moderation</td> </tr> <tr> <td>Sloth (Laziness)</td> <td>Zeal</td> </tr> </table>	<b>Capital Sins:</b>	<b>Virtues:</b>	Pride	Humility	Avarice (Greed)	Generosity	Envy	Charity	Wrath (Anger)	Meekness	Lust	Chastity	Gluttony	Moderation	Sloth (Laziness)	Zeal	<p><b>Precepts of the Church</b></p> <ol style="list-style-type: none"> <li>1. Assist at Mass on Sundays and holy days of obligation, doing no unnecessary physical work on those days.</li> <li>2. Confess serious sins at least once a year.</li> <li>3. Receive Holy Communion frequently and, at a minimum, during the Easter season.</li> <li>4. Fast and abstain on days appointed.</li> <li>5. Contribute to the support of the church.</li> <li>6. Observe the laws of the church concerning marriage and give religious training to one's children by word, example, and use of parish schools or catechetical programs.</li> <li>7. Join in the missionary spirit and work of the church.</li> </ol>
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<p><b>Beatitudes</b></p> <ol style="list-style-type: none"> <li>1. Blessed are the poor in spirit, the kingdom of heaven is theirs.</li> <li>2. Blessed are they who mourn, they will be comforted.</li> <li>3. Blessed are the meek, they will inherit the earth.</li> <li>4. Blessed are they who hunger and thirst for the righteousness, they will be satisfied.</li> <li>5. Blessed are the merciful, they will be shown mercy.</li> <li>6. Blessed are the clean of heart, they will see God.</li> <li>7. Blessed are the peacemakers, they will be called the children of God.</li> <li>8. Blessed are they who are persecuted for the sake of righteousness, the kingdom of heaven is theirs.</li> </ol>				<p><b>Seven Sacraments</b></p> <p><b>Sacraments of Initiation:</b> Baptism, Confirmation, Eucharist  <b>Sacraments of Healing:</b> Reconciliation, Anointing of the Sick  <b>Sacraments of Vocation:</b> Matrimony, Holy Orders</p>															

## To be memorized – will be asked at Interview

The Rosary	
<p style="text-align: center;"><b>Joyful Mysteries</b> (Mondays, and Sundays in Advent)</p> <ul style="list-style-type: none"> <li>❖ The Annunciation (Lk 1:30-33)</li> <li>❖ The Visitation (Lk 1:50-53)</li> <li>❖ The Birth of Our Lord (Lk 2: 10-11)</li> <li>❖ Presentation of Jesus in the Temple (Lk 2:29-32)</li> <li>❖ The Finding of Jesus in the Temple (Lk 2:48-52)</li> </ul>	<p style="text-align: center;"><b>Sorrowful Mysteries</b> (Tuesdays, Fridays, and Sundays in Lent)</p> <ul style="list-style-type: none"> <li>❖ The Agony of Jesus in the Garden (Mt 26:38-39)</li> <li>❖ The Scouring at the Pillar (Jn 19:1)</li> <li>❖ The Crowning of Thorns (Mk 15:16-17)</li> <li>❖ The Carrying of the Cross (Jn 19:17)</li> <li>❖ The Crucifixion (Jn 19:28-30)</li> </ul>
<p style="text-align: center;"><b>Glorious Mysteries</b> (Wednesdays, Saturdays, Sundays)</p> <ul style="list-style-type: none"> <li>❖ The Resurrection of Jesus (Mk 16:6-8)</li> <li>❖ The Ascension of Jesus into heaven (Acts 1:10-11)</li> <li>❖ The Descent of the Holy Spirit on the Apostles (Pentecost) (Acts 2:1-4)</li> <li>❖ The Assumption of Mary into heaven</li> <li>❖ The Crowning of Mary as queen of heaven</li> </ul>	<p style="text-align: center;"><b>Luminous Mysteries</b> (Thursdays)</p> <ul style="list-style-type: none"> <li>❖ The Baptism of the Lord (Mk 1:9-11, Mt 3:13-17, Lk 3:21-22)</li> <li>❖ The Wedding at Cana (Jn 2:1-12)</li> <li>❖ The Proclamation of the Kingdom and Call to Repentance (Mk 1:14-ff, Mt 4:12-ff, Lk 4:24-ff, Jn 2:13-ff)</li> <li>❖ The Transfiguration (Mk 8:2-8, Mt 17:1-8, Lk 22:15-20)</li> <li>❖ The Last Supper and Institution of the Eucharist (Mk 15:16-17, Mt 26:29, Lk 22:15-20)</li> </ul>



### The following items students should have knowledge of but not necessary to memorize.

Liturgical Year	Holy Days of Obligation	Twelve Apostles
Advent	Solemnity of Mary, Mother of God (Jan. 1)	1. Peter                      7. Bartholomew
Christmas Time	Ascension (40 days after Easter)	2. Andrew                8. Matthew
Ordinary Time	Assumption of Mary (August 15)	3. James                  9. James the Less
Lent	All Saints Day (November 1)	4. John                    10. Jude
Triduum	Immaculate Conception (December 8)	5. Philip                  11. Simon
Easter Time	Christmas (December 25)	6. Thomas                12. Judas
Ordinary Time		

#### Stations of the Cross

- |   |  |  |
|---|--|--|
| <ol style="list-style-type: none"> <li>1. Jesus is condemned to death.</li> <li>2. Jesus takes up his cross.</li> <li>3. Jesus falls for the first time.</li> <li>4. Jesus meets his mother.</li> <li>5. Simon helps Jesus carry the cross.</li> <li>6. Veronica wipes the face of Jesus.</li> <li>7. Jesus falls for the second time.</li> </ol> |  | <ol style="list-style-type: none"> <li>8. Jesus meets the women of Jerusalem.</li> <li>9. Jesus falls for the third time.</li> <li>10. Jesus is stripped of his garments.</li> <li>11. Jesus is nailed to the cross.</li> <li>12. Jesus dies on the cross.</li> <li>13. Jesus is taken down from the cross.</li> <li>14. Jesus is laid in the tomb.</li> </ol> |
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#### Parts of the Mass

**Introductory Rites:** Entrance Song, Greeting, Penitential Act, Gloria, Collect

**Liturgy of the Word:** First Reading, Responsorial Psalm, Second Reading, Gospel Acclamation, Gospel, Homily, Profession of Faith, Prayer of the Faithful or Universal Prayer

**Liturgy of the Eucharist:** Preparation of the Altar and the Gifts, Prayer over the Offerings, Preface, Eucharistic Prayer, Memorial Acclamation/Great Amen

**Communion Rite:** Lord's Prayer, Rite of Peace, Fraction of the Bread, Lamb of God, Communion, Song of Praise

**Prayer after Communion**

**Announcements**

**Concluding Rites:** Blessing, Dismissal

## Important Fall Dates

### **-Sept. 1:**

ALL sponsor reports, sponsor letter, and candidate's letter to Bishop due

### **-Sometime in Sept:**

Candidate's personal interview with pastoral leader. Date based on sign-up

### **-Sept. 27 at 6 PM**

Night of Reflection in Main Church for sponsors, candidates, parents

### **-Oct. 7 at 4 PM:**

Rehearsal for Confirmation Mass. Candidates and sponsors must attend.  
Meet in Bishop Hall

### **-Oct. 14 at 1:30 PM**

Confirmation Mass.  
Candidates and sponsors must report to Bishop Hall by 12:30 PM!