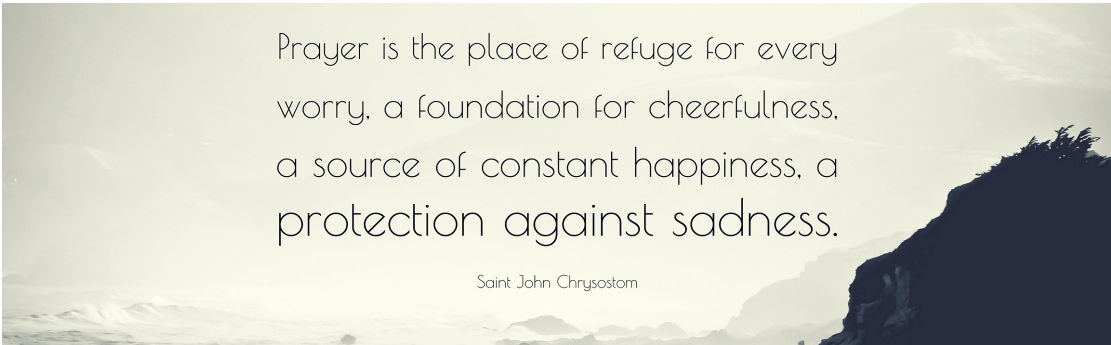


# CONFIRMATION PREPARATION ST. BERNARD PARISH

## PRAYER GUIDE

*Prayer is the foundation for a relationship with God. This sheet contains many prayers that we will recite together as a class. Ideally, these are the ones you might want to consider memorizing, if you have't already.*



Prayer is the place of refuge for every  
worry, a foundation for cheerfulness,  
a source of constant happiness, a  
protection against sadness.

*Saint John Chrysostom*

### ANGELUS

**Leader:** *The Angel of the Lord declared to Mary: All: And she conceived of the Holy Spirit.*

**Leader:** *Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.*  
**All:** *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.*

**Leader:** *Behold the handmaid of the Lord. All: Be it done unto me according to Thy word.*

**Hail Mary . . .**

**Leader:** *And the Word was made Flesh.*  
**All:** *And dwelt among us.*

**Hail Mary . . .**

**Leader:** *Pray for us,  
O Most Holy Mother of God*  
**All:** *that we may be made worthy of the promises of Christ.*

**Leader:** *Let us pray,*

**All:** *Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.*

### COME HOLY SPIRIT

*Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.*

*O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.*

### HAIL MARY

*Hail Mary, full of grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb, Jesus.*  
*Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.*

### GLORY BE

*Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, a world without end, Amen.*

### FATIMA PRAYER

*Oh my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of thy mercy. Amen.*

### THE LORD'S PRAYER

*Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day  
our daily bread;  
and forgive us our trespasses  
as we forgive those who  
trespass against us; and lead us  
not into temptation, but deliver  
us from evil. Amen.*

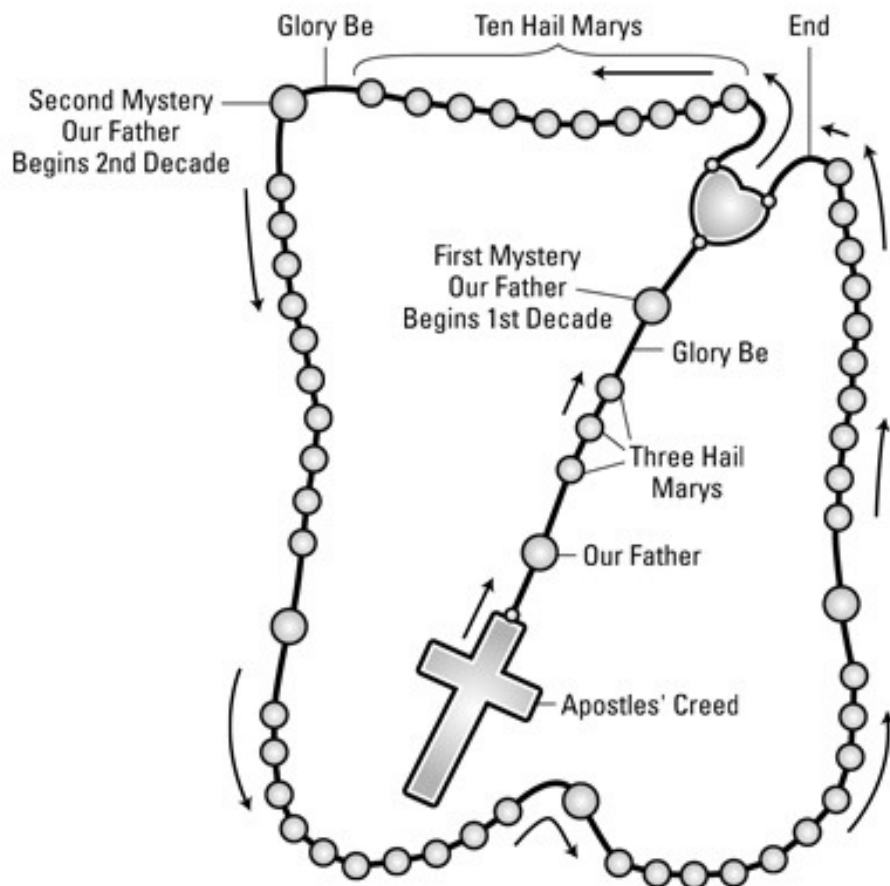
### ST. MICHAEL PRAYER

*St. Michael the Archangel,  
defend us in battle.  
Be our safe-guard against the  
wickedness and snares  
of the Devil.  
May God rebuke him, we  
humbly pray, and do thou,  
O Prince of the heavenly hosts,  
by the power of God,  
cast into hell Satan,  
and all the evil spirits,  
who prowl about the world  
seeking the ruin of souls. Amen.*

### GUARDIAN ANGEL

*Angel of God, my guardian dear,  
to whom God's love commits me  
here. Ever this day be at my side,  
to light, to guard, to rule, to  
guide. Amen.*

## THE MOST HOLY ROSARY



### The Joyful Mysteries

1. *The Annunciation*
2. *The Visitation*
3. *The Nativity*
4. *The Presentation*
5. *The Finding of Jesus in the Temple*

### The Luminous Mysteries

1. *The Baptism of Jesus in the River Jordan*
2. *The Wedding Feast at Cana*
3. *The Proclamation of the Kingdom of God*
4. *The Transfiguration of Jesus*
5. *The Institution of the Eucharist*

### The Sorrowful Mysteries

1. *The Agony in the Garden*
2. *The Scourging at the Pillar*
3. *The Crowning With Thorns*
4. *The Carrying of the Cross*
5. *The Crucifixion*

### The Glorious Mysteries

1. *The Resurrection*
2. *The Ascension*
3. *The Coming of the Holy Spirit*
4. *The Assumption of Mary*
5. *The Coronation of Mary*

## THE DIVINE MERCY CHAPLET

(1) *Begin by making the sign of the cross and (2) recite: O Blood and Water, which gushed forth from the Heart of Jesus, as a fount of mercy for us, I trust in You! (3x)*

**On First 3 Rosary beads, begin:**

(3) *Our Father*, (4) *Hail Mary*, (5) *the Apostle's Creed*

**On the our Father beads, pray:**

(6) *Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.*

**On the Hail Mary beads, pray:**

(7) *For the sake of His sorrowful Passion, have mercy on us and on the whole world (repeat 10x)*

**In conclusion, pray 3 times:**

(8) *Holy God, Holy Mighty One,, Holy Immortal One, have mercy on us and on the whole world.*

*....repeat for 4 additional decades*

